



WHY CHOOSE ORGANIC?  
Discover the fact-based  
benefits at The Organic Center.

# Do You Know?

According to a meta-analysis of 342 peer-reviewed studies, organic produce has antioxidant levels up to 69% higher than conventionally grown produce!

Source: Barański *et al.* 2014



Bringing you the science behind organic

All of our information is available at no cost at:  
[www.organic-center.org](http://www.organic-center.org)