



WHY BUY ORGANIC?

Discover the fact-based benefits at
The Organic Center.

Do You Know?

On average, organic breads contain almost twice as much nutrient-rich, whole food ingredients as “natural” breads and three times as much as conventional breads.*



*Based on the initial examination of thirty-six commercial breads. For more information, please see www.organic-center.org/dailybreadreport

Bringing you the science behind organic

All of our information is available for free:

www.organic-center.org