



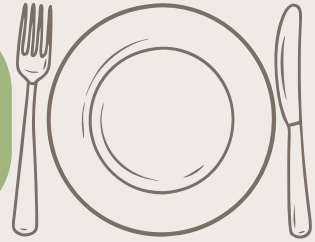
THE
ORGANIC
CENTER

WHY ORGANIC?

Organic is better for your health.

BETTER NUTRITION

Some organic products have higher levels of certain vitamins and nutrition, like organic spinach with higher levels of vitamin C.



MORE DISEASE-FIGHTING ANTIOXIDANTS

Numerous studies show an increase in certain antioxidants in certain organic compared to conventional produce.

MORE HEART HEALTHY FATS

Organic animal products have higher levels of omega-3 fatty acids, about 50% compared to conventional counterparts.



NO TOXIC PESTICIDES OR FERTILIZERS

Organic prohibits the use of harmful chemicals in farming and food products. Occupational and dietary exposure is linked to health concerns like neurological disorders, cancers, and reproductive issues.

NO ANTIBIOTICS

Antibiotics are strictly banned in organic, reducing contribution to antibiotic resistance and risk of allergic reactions, liver & kidney damage, and even risk of cancer.



NO SYNTHETIC GROWTH HORMONES

Organic prohibits the use of synthetic growth hormones that can harm the endocrine system and hormone regulation

